

Vermont Senior Games Athlete Results
CVR Capital City Stampede 10K Run
June 12th, 2021

⇒ **Women**

Name	Hometown	Bib #	Age	VSG Division	Time	Medal
Jennifer Brown	Montpelier	954	51	W 50 - 54	1:07:10	Silver
Anne Treadwell	Burlington	694	54	W 50 - 54	44:36	Gold
Sandra Dickin	Colchester	905	55	W 55 - 59	44:46	Gold
Cindy Hampton	Hartland	931	58	W 55 - 59	54:55	Bronze
Willo Sullivan	Springfield	922	58	W 55 - 59	54:13	Silver
Cheryl Lasell	Williamstown	962	62	W 60 - 64	1:19:50	Silver
Ann Bushey	Montpelier	927	63	W 60 - 64	55:22	Gold
Rose Bergeron	Essex Jct.	953	65	W 65 - 69	1:14:13	
Kathleen Pantzar	Essex Jct.	951	65	W 65 - 69	1:05:37	Bronze
Diane McNamara	Amherst, MA	946	68	W 65 - 69	1:00:14	Silver
Elizabeth McCarthy	Hardwick	932	69	W 65 - 69	59:25	Gold

Name	Hometown	Bib #	Age	VSG Division	Time	Medal
Dot Helling	Adamant	936	71	W 70 – 74	55:24	Gold
Virginia Reed	Fairlee	956	73	W 70 – 74	1:10:21	Silver
Celine Blais	Montpelier	961	74	W 70 – 74	1:10:46	Bronze

⇒ **Men**

Name	Hometown	Bib #	Age	VSG Division	Time	Medal
Michael Adams	Ship Bottom, NJ	920	51	M 50 - 54	Scratch	
Paul Murphy	Mendon	669	52	M 50 - 54	39:10	Silver
Kari Bradley	Calais	904	53	M 50 – 54	44:25	
Scott Lovelette	Montpelier	919	53	M 50 – 54	51:39	
Frank McLaughlin	Burlington	693	54	M 50 – 54	42:40	Bronze
Binney Mitchell	Burlington	675	53	M 50 – 54	38:51	Gold
Bret Appel	Montpelier	955	54	M 50 – 54	1:07:10	

Name	Hometown	Bib #	Age	VSG Division	Time	Medal
Matt Czaplinski	Northampton, MA	676	55	M 55 - 59	40:07	Bronze
Allen Mead	Hinesburg	677	55	M 55 - 59	37:45	Silver
Francis Burdett	Worcester, MA	668	56	M 55 - 59	36:41	Gold
Daniel Bruce	East Montpelier	930	56	M 55 - 59	57:42	
Alex McHenry	South Burlington	674	56	M 55 - 59	40:50	
Scott Nichols	Essex	698	56	M 55 - 59	45:57	
Mike Early	Williston	688	57	M 55 - 59	40:56	
Michael Lechman	Essex Jct.	957	57	M 55 - 59	Scratch	
Matt Guild	Bellows Falls	683	58	M 55 - 59	41:02	
Mack Gardner-Morse	Calais	903	60	M 60 - 64	46:24	
John Diebold	Randolph	918	62	M 60 - 64	53:05	
Nick Persampieri	Burlington	685	62	M 60 - 64	41:02	Silver
Jim Shea	Colchester	914	62	M 60 - 64	50:48	
Dennis Casey	Groton	935	63	M 60 - 64	58:42	
Michael Flanders	Cape Elizabeth, ME	695	63	M 60 - 64	44:11	Bronze
Jim Miller	Essex Jct.	670	63	M 60 - 64	38:07	Gold
Michael Gordon	Essex Jct.	937	64	M 60 - 64	59:49	
Scott Hess	Montpelier	929	64	M 60 - 64	49:44	

Name	Hometown	Bib #	Age	VSG Division	Time	Medal
Joseph Forgione	Swanton	960	65	M 65 – 69	1:19:50	Bronze
Norm Larson	Burlington	902	65	M 65 – 69	41:10	Gold
Gary Furlong	Milton	948	68	M 65 – 69	Scratch	
Charles Windisch	Jericho	915	68	M 65 – 69	51:01	Silver
Tim Hogeboom	Hardwick, VT	916	70	M 70 - 74	51:51	Gold
John Martin	Montpelier	945	70	M 70 – 74	1:04:01	Bronze
John Valentine	Roxbury	928	72	M 70 - 74	55:16	Silver
Bob Howe	Barre	950	74	M 70 - 74	1:12:18	
Peter Terry	Bradford	938	75	M 75 - 79	1:06:14	Silver
Ted McKnight	Jericho	925	77	M 75 - 79	53:54	Gold
Peter Mitchell	Jericho	963	82	M 80 - 84	1:14:14	Silver
Paul Huyffer	Shelburne	952	83	M 80 - 84	Scratch	
Phillip Howard	Burlington	959	84	M 80 – 84	1:12:00	Gold