

## *Seniors excel at championships*

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Nearly 20 participants competed in the first ever Vermont Senior Game Association's 5K/10K co-sponsored by Shelburne Health &

Fitness and Racevermont.com held Thursday, June 23. The 10K winner was Jim Flint of Burlington who finished in 40:13. Kevin McMahon from Essex Junction finished first in the 5K race, completing the course in 17 minutes and 45 seconds. Teresa Pete of Charlotte was the first woman to cross the finish line in 27 minutes and 37 seconds. John Howe of Charlotte finished the 10K race in 47:02 and Shelburne residents Glenn Good and Rae Anne Barry completed the 5K race in 40:42 and 44:04 respectively.

For additional race results, please visit [www.racevermont.com](http://www.racevermont.com).